

Cardinal Langley's

VOICE

Inspired by Faith, Education Leads to Progress



'Eggcellent' Easter Fundraising



Lent is the period of time when we prepare ourselves spiritually for the events of Holy Week and Easter. During Lent we are called to Fast, Pray & Give. Giving isn't just about money, it can be our time, our thoughts and prayers, and our effort – giving of ourselves.

However, sharing some of what we have with the poor and those in need is an

important part of living our faith. In the past this would have been called Almsgiving.

This Lent, the whole school community has been involved in fundraising for Caritas and St Joseph's Penny. We have seen a variety of fundraising, including: quizzes, chocolate hamper raffles, cake sales, and virtual football tournaments. Students and staff have fully embraced our fundraising and our **total so far is £716.79!** As in previous years, we collected Easter eggs with the aim of ensuring every child in Middleton receives one this Easter. Thank you to everyone who has donated an Easter egg (**520 in total**), raised money with their form, or organised a fundraising event.

Your efforts are truly appreciated and help to make a real difference in the community.



In March, a small group of students attended a retreat at St Cassian's Centre in Kintbury. It is run by the De La Salle Brothers and offers experiences to young people from across the UK. The retreat aimed to provide students with space to breathe, identify what really matters to them, and to encounter God. The retreat was a journey with its own theme encouraging students to develop their self-awareness, experience reconciliation, and discover the Good News.

Turn over to hear from one of the students who took part in the Lasallian retreat.

Kintbury 2023



Inside this issue:

Out & About: Trips	2
Everybody Reads	3
Creative Arts Updates	4-5
PE Updates	6-7
Notices	8



Our Kintbury experience has taught us to be more confident and to speak to new people. We spent time with new people in small groups and got to know others we hadn't spoken to before. We walked into the town and spent time with our new friends. We enjoyed the art workshops and doing creative activities. The outdoor areas were great to explore in our breaks and there was lots of things to do. The staff there were very welcoming and helped us to enjoy our time there. We had a great time at Kintbury and would recommend it to others.



Rewards Strike CLRCHS

Year 10 students enjoyed a trip to Ten Pin in Rochdale as part of our Rewards programme. They enjoyed two games of bowling and exploring the arcade games. Students who show consistently good Attitudes to Learning are rewarded with trips out of the classroom.

Will you be enjoying a Rewards trip soon?!



Ski Experience

During February half term, students from across school took part in the hugely enjoyable Ski Experience in Schladming, Austria. For some of our students (and staff) this was their first skiing experience so enjoyed expert tuition and heading on to the slopes. If you're interested in next year's Ski trip, keep your eyes peeled for further information.



Everybody Reads at Cardinal Langley

On Thursday 2nd March, we took part in our annual World Book Day celebrations. Students were invited to come into school dressed up as their favourite character from a book and we had some fantastic costumes. During the day, students had the opportunity to complete a literary themed scavenger hunt with clues based on the costumes teachers were wearing. We also had a large group of students taking part in a Readathon in the library.

Across school, students took part in The Masked Reader, where the students were asked to guess the teacher who was reading in disguise!

The winners of this were Elliot (Year 10) who guessed the most books being read, and Lola and Macaulay (Year 7) winning second and third place with the most correct staff members guessed.

Students and staff across school were also invited to D.E.A.R (Drop Everything And Read) for the first ten minutes of their lessons.

Overall, we had a fantastic day celebrating our love of reading with our students and already can't wait for next year! Thank you to everyone who took part, dressed their doors, and came in fancy dress.

WORLD
**BOOK
DAY**

2 MARCH 2023



Stories That Inspire Us



In March, four Year 7 students took part in the National Literacy Challenge in which they competed against 25 other schools from across the North West:

“It was all about the stories we grew up with. Each round we had 10 quiz questions across a huge range of books and we had to work together to solve the clues. Mr Dill the quizmaster worked really hard to make the day as entertaining as possible.

“It was a really good day overall and we found taking part in such a big competition to be incredibly exciting – when the results were being announced we could barely keep still and our celebrations may or may not have involved creating a shower of sweets. We're so proud that not only did we come sixth out of all the teams on our very first try – we also won the award for being the best newcomer team. More importantly, we created a new really good group of friends that we can share our favourite books with. We can't wait to beat everyone else next year and make our way to the London final!”

Edith (7RC), Poppy (7CLW), Julia (7SW) & Oscar (7SW)

Cardinal Langley's Showstopper



In February, our Creative Arts students produced four *Supercalifragilisticexpialidocious* performances of Mary Poppins Jr.

The auditions took place in September, followed by lots of rehearsing each week until show week! Our students honed their acting, singing and dancing skills, and prepared the lights, sound, and set design. Our student choreography team and Music department also rehearsed with three of our local Primary schools (St. John Fisher, St. Gabriel's and St. Peter's) to assist us with the big chorus numbers!

Show Week

What a massive success Mary Poppins Jr. was! Our students had the best time performing and showing the world what can be achieved with hard work and dedication. They inspired our local primary school students, who can't wait to return next year, and we will let our general public feedback speak for itself:

'Fantastic show. Everyone was superb. Thank you to everyone involved. You should all be very proud.'

'I can't believe how good it was! The children and staff have worked so hard and you can see it in the show...'

'Another amazing show tonight with very talented students who should be very proud of themselves. Well done to all the cast on and off stage.'

We would like to thank everyone who was involved in making Mary Poppins the huge success it was. As for next year's show...watch this space!



Artistic Creations



It's been a busy term in the Art department with lots of creative sketchbook pieces and 3D project work. Year 10 students took inspiration from Anthony Caro to design and create sculptures, whilst Year 9 focussed on creating collages using faces.



Each week the Art department celebrates stand-out pieces of work through our Top Banana awards. Could your artwork be a winner?!



Vocal Showcase

On the 21st March, Cardinal Langley RC High School's Vocal group performed at Rochdale Youth Festival. They performed Coldplay's Fix You and Viva La Vida. The choir scored 95/100 with the adjudicator remarking 'what a privilege it has been to hear this lovely choir!' Well done to the choir and to our Year 10 and 11 soloists, who performed in the individual categories.



Performances featuring our incredible musicians in the Summer term include our Summer Showcase in June and a concert at Disneyland Paris in July.

GCSE Science Live!

Back in February, Year 10 Science students had the chance to see and hear five of Britain's top scientists at the Bridgewater Hall in Manchester, all working at the cutting edge of their specialisms and of many Scientific programmes on TV (Prof. Robert Winston, Prof. Andrea Sella, Dr Kate Lancaster, Prof. Alice Roberts & Prof Jim Al-Khalili). The scientists were carefully chosen for their ability to communicate with students of this age in a direct and exciting way. Topics covered ranged from anthropology, human evolution, nuclear fusion, fertilisation & catalysts in the natural world. They also had two exam preparation sessions run by AQA, with the objective of helping to improve their Science GCSE results with top tips on examination success.



Updates from the PE Department

Individual Achievements

A number of our students have recently excelled in their sporting field(s), competing in regional and national competitions:

- **Hudson** (7JRH) competed in Burnley with the goal of qualifying for the regional finals in April. He swam two races and knocked two seconds off each, meaning he has qualified and will now represent his Aqua Bears Club in Liverpool.
- **Lexi** (8EDC) achieved a British Cycling award for her British Championship win in 2021. This was the first awards ceremony they've been able to hold since Covid. Lexi achieved world number 6 in 2022 in France, and is looking forward to the 2023 season as she has been invited to attend Regional School of Racing sessions due to her cycling progression. #thisgirlcan
- **Jacob** (11JCM) has signed a two year scholarship with Salford City. We are very proud of his footballing achievements and can't wait to see where his journey will take him!



- **Ethan** (9NK) took part in the North West Juniors and Masters powerlifting competition in March where he competed in the 53kg weight category. He claimed six North West records (five of which Ethan already held). Ethan squatted 105kg which increased both the U18s and U23s record by 5kg. As well as this, he bench-pressed 65.5kg, beating his own record by 5.5kg. Ethan finished with a huge deadlift, pulling a massive 130kg - almost 2.5 times his own bodyweight! His total overall score for the day was 300.5kg which added just over 20kg to his current North West record. Had this been a national competition, both his squat and bench-press scores would have broken the British U16 record, but unfortunately, British records cannot be achieved in regional competitions. Well done Ethan, we are very proud of you!



Team News

Not only have Cardinal Langley students succeeded in individual fields, they have also competed as part of teams in a range of sports, including athletics, football and netball. Well done to everyone who has represented CLRCHS this term; your attitude and sporting spirit never fail to amaze us.

- Year 8 boys currently sit in 2nd place after playing in the Rochdale Schools Badminton Tournament. Keep pushing boys!
- Year 7 played against Newhouse Academy in the Rochdale Cup, narrowly beating them 2-1. This knocked our opponents out of the competition as we progress.
- Girls from Years 8 and 9 competed in the Rochdale Schools Girls football tournament, securing their place in the upcoming Cup competition. Well done to Nevaeh and Lexi who were the players of the day.
- Continuing Cardinal Langley's netballing success, the under-13s competed in Greater Manchester's County tournament whilst the under-14s team played against the Blue Coat School.
- Four pupils competed in the Rochdale 4 a-side volleyball tournament, finishing 3rd overall.
- Year 8 pupils took part in the Rochdale Schools' Indoor Athletics competition. The girls finished in 1st place with the boys placing 3rd.



A Night at the Movies

Eleven primary schools took part in the Rochdale Borough School Games Dance Festival on Tuesday 14th March at Middleton Arena. A total of 147 pupils got the opportunity to dance on the professional stage at the arena with their teachers and parents and the Deputy Mayor Councillor Mike Holly watching them. The theme of the Dance this year was 'A Night at the Movies' and we

had dances from movies such as The Lion King, Matilda and The Addams Family. There were 3 winning categories – Best Costume which went to St Peter's CE Primary, most energetic dance to Broadfield Primary and the overall winner was St Luke's CE Primary. Tickets were sold for the event and £600 was raised and has been donated to Sport Relief. St Luke's went forward to represent Rochdale at the Greater Manchester Dance Festival in Wigan. Well done to all involved.



Middleton Foodbank

Middleton Foodbank is based at the Lighthouse Project: S6b/c Middleton Shopping Centre, Limetree Road, Middleton, M24 4EL.

Tel: 0161 643 1163 or visit their website: <https://middletoncentral.foodbank.org.uk/>

There are similar foodbanks in Rochdale: <https://rochdale.foodbank.org.uk/>
Tel: 01706 713701

If you need **help accessing information online**, please visit your local library where you can use their computers and get free internet access. You will need to apply for a library membership card if you do not have one already:

<http://www.rochdale.gov.uk/library-services/pages/computers-in-the-library.aspx>

Parking and Road Safety

As always, we urge parents and carers to take care when dropping off or collecting their child from school by car. Please do not park on pavements, or in bus bays or the cycle lane, or blocking neighbours' drives, or anywhere you might be causing an obstruction.

Please do not use the visitor car park as a drop off and collection point, **unless you require it for disability access**, as this is causing congestion on the school grounds and adding to the problems on Rochdale Road.

Please be aware that the Scout HQ building next to school is private property and is not part of the school grounds. Please do not park there or use it to drop off or collect your child.

If you are considering public transport as a better option for your child's journey to and from school, details of school bus services can be found on the school website: <https://www.clrchs.co.uk/parents-students/school-bus-services/>

Stop Means STOP

A respectful reminder to drivers: when you see the sign, stop in time! A raised

stick at the side of the road means 'prepare to stop' and a school crossing patrol holding their stick in the middle of the road means 'stop.' Our school crossing patrol officers do a fantastic job in all weathers. Please help make sure they're kept safe while helping children and adults cross safely. Treat the school crossing patrol like a red traffic light.



Thank you for your co-operation.

Easter Services

	Maundy Thursday 6th April	Good Friday 7th April	Easter Saturday 8th April	Easter Sunday 9th April
Our Lady of the Assumption RC Church Bowness Road, Middleton, M24 4HN	Lord's Supper 6:30pm	Passion & Death of Our Lord 3pm	Easter Vigil 5pm	Easter Mass 10:30am
St John Fisher RC Church Boarshaw Road, Middleton, M24 1PF		Passion & Death of Our Lord 12noon		Easter Mass 9:15am
St Peter's RC Church Taylor Street, Middleton, M24 1BQ	Lord's Supper 7pm (followed by Watching at the Altar of Repose until Midnight)	Stations of the Cross 11am	Easter Vigil 5pm	Easter Mass 9:30am & 6:30pm
St Thomas More RC Church 102 Mainway, Middleton, M24 1PP		Morning Prayer 9am Passion & Death of Our Lord 3pm		Easter Mass 11am

Dates for Your Diary

Bank Holidays (school closed)

Monday 1st May

Monday 8th May

(King Charles III Coronation)

Open Evening (September 2024 entry)

Thursday 29th June 2023

6:00 - 8:00pm

Summer Inset Day (school closed to students)

Friday 30th June 2023



End of Term Arrangements

School will break up for the Easter holiday at 2:30pm on Friday 31st March 2023.

Lessons will run as normal on this day and students should be wearing full school uniform.

We return to school on:

Monday 17th April 2023