

# Life Skills

**GCSEs**

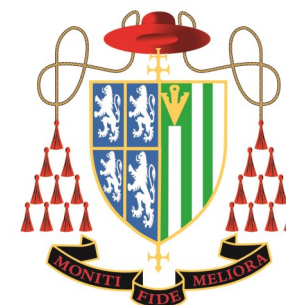
## Online Resources

Click the apps to explore

xello

BBC Bitesize

Microsoft Teams



**Human Rights** - Consumer rights - Consumers and the Law – what are my rights?

**Human Rights** - Young offenders - How does the law deal with young offenders?

**Human Rights** – Genocide - What is Genocide?

**Xello Lessons:**  
Skills  
Explore career matches  
Self advocacy

**Human Rights** - Right to an education - Human Rights focus – why can't some children gain an education?

**Human Rights** - Rights and responsibilities - Human Rights introduction: What are rights and responsibilities?



**Safe sex and contraception** - How can we protect ourselves against pregnancy and use contraception correctly?

**STIs** - How can we keep good sexual health?

**Sexting** - What is 'sexting' and why should I be bothered about it?

**OPTIONS** - My life at 25 - How do my option choices impact my long term aims?

**OPTIONS** - What is a GCSE and why are they important - What are post 14 qualifications and what are their importance on post 16 options?

**OPTIONS** - Thinking about my future

**Consent** - What is consent and why is it so important we learn about it?

# Year 9 Curriculum Overview



**Self-Harm** - What is self-harm and why do people do it?

**Safe relationships** - How can we keep safe and positive relationships?

**LGBT** – Homophobia - What are LGBT rights like across the world?

**Hate crime** - What is 'Hate Crime' and why does it happen?

**Sex, gender and trans identity** - Why is it important we learn about Sex, Gender and Trans identity?

**Domestic abuse** – how can we tell the difference between healthy and abusive relationships?

Year 9



Cardinal Langley RC High School