

May

August

Career and Job
Opportunities

Skills Audit

Recruitment
ProcessReflection on
recruitment and
selection process

Results day

Unit 3: Professional
Development
Learning Aim A

Unit 2 External Exam

BTEC NATIONAL IN SPORT

Online Resources
Click the app

edexcel

C

D

C

B

A

Unit 2:
Training Programme
DesignUnit 2:
Components of
FitnessUnit 2:
Nutritional needsUnit 2:
Screening ProcessUnit 2 :
Lifestyle Choices on an
individual's health and
wellbeing

Year 13



Sport

Coursework Deadline

Unit 5:
Application to
fitness testing

Assessment

UNIT 1 (120GLH) Anatomy and Physiology

UNIT 2 (120GLH) Fitness Training and Program-
ming for Health, Sport and Well Being

UNIT 3 (60GLH) Professional Development

Unit 5 (60GLH) Application of Fitness testing



KS5 BTEC NATIONAL Overview



Year 12

Start BTEC Na-
tional Level 3
in SportUnit 1: Anatomy and Physi-
ology
Learning Aim A:
Skeletal systemUnit 1: Anatomy and Physiolo-
gy
Learning Aim B:
Muscular SystemUnit 1: Anatomy and Physiology
Learning Aim C:
Respiratory SystemUnit 1: Anatomy and Physiology
Learning Aim D
Cardiovascular SystemUnit 1: Anatomy
and Physiology
Learning Aim E:
Energy Systems

A

B

C

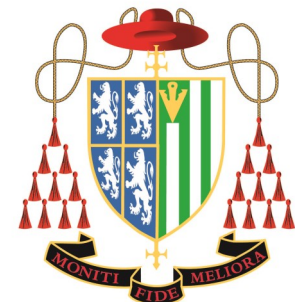
A

Assessment

Assessment

Assessment

Assessment

January External Exam
Unit 1

Cardinal Langley