



# Cardinal Langley RC High School

*"The Catholic Life and Mission is Outstanding"* CSI Inspection, Nov 2024

Rochdale Road, Middleton, Manchester, M24 2GL  
T: 0161 643 4009 | E: admin@clrchs.co.uk | W: www.clrchs.co.uk  
Headteacher: Mr A Bridson B.Sc. (Hons), MA (Education), NPQEL

Monday 8<sup>th</sup> September 2025

Dear Parent / Carer

## **Maintaining a Focused Learning Environment: Parent Consultation on Mobile Phone Use in School**

As a Catholic Lasallian school, we are committed to nurturing a safe, focused learning environment where every child can flourish. In recent months, we have been reviewing our mobile phone protocols and how mobile phone use during the school day impacts on wellbeing and attainment. As followers of Christ's example, and in the spirit of St. John Baptist De La Salle, we aim to create a learning environment that nurtures discipline, dignity and attention to the present moment. We have always believed that restricting mobile phone access during the school day helps students become more mindful and resilient, reducing distractions.

We are now considering introducing a system of lockable phone pouches to reduce distractions and help students fully engage with learning and relationships. Students would keep their phone on their person throughout the school day, but stored in a lockable pouch that can be unlocked at the end of each day. This proposal is about supporting student wellbeing and focus as part of wider pastoral and academic improvement. Removing distractions helps us be present, respectful and mindful - core values of our Lasallian ethos - but there is also substantial evidence from educational research demonstrating positive impact:

### Student Wellbeing

- Reduced anxiety and social comparison
- Reduced cyberbullying
- Improved real-life social interaction

### Better Behaviour and Concentration

- Ofsted and DfE guidance (2022): mobile phone restrictions help create a calmer learning environment with fewer distractions.
- EEF studies show that even small reductions in disruption can lead to months of additional progress.

### Academic Improvement

- London School of Economics (2015): schools that banned phones saw a 6.4% increase in test scores
- Gains were twice as high for disadvantaged pupils, helping to close the attainment gap.

Other schools using phone restriction systems report improvements in focus and classroom behaviour, more positive social interaction and less online conflict spilling into the school day. However, before any decisions are made, we





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want to hear your views and understand your thoughts and insights. Your viewpoint is vital in finding a solution that works at Cardinal Langley.

Firstly, we would like our parents and carers to complete an online survey, the link to which you will find below. Then, we will gather 'student voice' during form time and share this through our Student Council forum. The link to the consultation survey can be found at:

[Maintaining a Focused Learning Environment: Parent Consultation on School Mobile Phone Use](#)

Further details of how the system would work in practice can be found in the attached document.

I would be grateful if you would complete the consultation survey by Friday 26<sup>th</sup> September so your views and insights can be considered.

Your continued support is much appreciated

**Mr A Bridson**  
Headteacher

If the consultation link above does not work for you, please copy and paste the link below into your browser:

[https://forms.office.com/pages/responsepage.aspx?id=m7p0VxOQ3EudHpvME56RnqnGzNxWONZFhJX5\\_fD4OZUMUFETzJBTjZGN1IxWEgwQzFIMThTWjJBRC4u&route=shorturl](https://forms.office.com/pages/responsepage.aspx?id=m7p0VxOQ3EudHpvME56RnqnGzNxWONZFhJX5_fD4OZUMUFETzJBTjZGN1IxWEgwQzFIMThTWjJBRC4u&route=shorturl)

