



Cardinal Langley RC High School

'An Outstanding Catholic School' S48, March 2017

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Thursday 31st March 2022

Dear Parent / Carer

Re: Changes to measures and guidance for managing COVID-19 in education and childcare settings from Friday 1st April

Please find below the latest Covid-19 guidance issued by the Government.

On Tuesday 29th March, the Secretary of State for Health and Social Care, Sajid Javid, set out the [next steps for living with COVID-19](#) in England from Friday 1st April.

Free COVID-19 tests will continue to be available for specific groups, including eligible patients and NHS staff, once the universal testing offer ends on Friday 1st April.

Updated guidance will advise:

- *adults with the symptoms of a respiratory infection, and who have a high temperature or feel unwell, should try to stay at home and avoid contact with other people until they feel well enough to resume normal activities and they no longer have a high temperature*
- *children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend*
- *adults with a positive COVID-19 test result should stay at home and avoid contact with other people for 5 days, which is when they are most infectious. For children and young people aged 18 and under, the advice will be 3 days*

The population now has much stronger protection against COVID-19 than at any other point in the pandemic. This means we can begin to manage the virus like other respiratory infections, thanks to the success of the vaccination programme and access to antivirals, alongside natural immunity and increased scientific and public understanding about how to manage risk.

Thank you for your continued support

Mr A Bridson
Headteacher

