Cardinal Langley's VOICE

Inspired by Faith, Education Leads to Progress



My time in Kenya

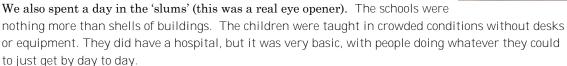


After a long flight we finally reached Mombasa and started the drive to the Good Life Orphanage. On arriving, I was greeted with lovely smiles and a nice hot meal from the Mammas - these are the kind ladies that take care of the children.

The next day, we met all the children for the first time; they were delighted to see us and seemed fascinated with us. Over the next 18 days we played Twister and football, taught the kids some maths and helped them with homework and revision. They loved just sitting with us, hearing stories and telling us about their lives.

We spent time helping at the feeding station in a very remote town that was heavily deprived. The families there had nothing. We gave out fruit and starchy filling foods, and ate a traditional dish made in

Kenya - ugali, made from flour and maize. It is cheap and filling. Back in my room after visiting the feeding station, it gave me chance to reflect on what I had witnessed. It made me realise just how lucky we are in England. Some people really do have hard lives and our problems pale into insignificance.



This was a trip I will never forget, for a few reasons. The country I saw was beautiful, and the nature there is amazing, but the poverty these people endure is soul destroying. The people who care for these children and struggle every day to get by should be commended. I hope to return in a few years to relive my experiences at the Good Life Orphanage. By Tom



Cardinal Langley RC Sixth Form



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Cardinal Langley Returns to Kenya for Another Successful Trip

Having visited the Good Life Orphanage twice before, it was always my ambition to take more students there to discover the wonderful work of this charity in Kenya. So, after months of planning and fundraising, we set off in July, loaded with donations from our kind colleagues and friends. We were welcomed by Hemed and quickly adapted to the heat and surroundings. We had a full itinerary, packed with many diverse activities carefully planned by Valentine. This gave us the opportunity to get a glimpse of daily life in Kenya, with its ever resilient and optimistic people. Survival can be a challenge for the locals. Kenya is rich in contrasts and incredibly beautiful but most Kenyans only get to experience the harsh reality of a poor man's life! Mombasa has a high rate of unemployment, an infrastructure which still needs improvement, and of course many Kenyans still live in huts built with wood, earth and corrugated roofs; no electricity, no running water, a shared latrine. Yet they rise each day with optimism, energy and an infectious smile.

14,000 people live in a squat in Mombasa next to the refuse recycling plant, breathing in toxic fumes. They have no sanitation or running water. When we visited, we were welcomed by an Irish missionary priest who runs the school in this squat. He is an incredible man with such vision, a beacon of hope.



40% of the population are unemployed and survive by their wits. Some schools have up to 90 students in a classroom. There aren't enough seats for them all and education in Kenya is not free!

We took children to hospital for check ups, taught in St Bernadette Mary School, volunteered at the feeding station, and went to the local market for the weekly shop. We also took time out to visit Mombasa, went on a safari and took everyone from the Good Life Orphanage for a day trip to a resort, with sausages and chips for lunch, a swim in the pool and a paddle in the ocean. A wonderful day was enjoyed by all.

I feel that I have learnt a lot by visiting the poorest as they have taught me that there is always hope as long as there is a heartbeat. I will always keep in my heart the wonderful children's smiles. The highlight of this trip was without a doubt our time spent at the Good Life Orphanage, an oasis of peace where magic things take place daily. Children being nurtured, rebuilt after their traumatic past, their propensity for laughter, for giving, for being happy, for being allowed to be children. I cried when we left and many others did too! In our two weeks there, we made life long friends. I would like to thank the fantastic staff who make it a home, not an orphanage, the teachers at St Bernadette Mary School for their hospitality and hard work, and Mary

and Kevin Maguire and their team of fundraisers and sponsors who make it all happen. I have taken early retirement this summer to pursue other interests but I will be returning to the Good Life Orphanage for 3 months in the New Year with my husband Peter to help as best we can. Our flights are booked! Goodbye Cardinal Langley, Mrs McDonald.

Cardinal Langley will continue to support the Good Life Orphanage. Anyone wishing to help, either by fundraising, donating or volunteering should get in touch with Mary Maguire, the founder of this charity by visiting the website: www.thegoodlifeorphanage.com or check out their Facebook page.



Updates From the RE Department

Have you ever wondered why we say 'St John Baptist de la Salle pray for us' at the end of prayers, and why we have links to him throughout our school? Well, Year 7 pupils have been exploring the roots of Cardinal Langley established in 1959 by the De la Salle Brothers. There are thousands of people around the world who call themselves 'Lasallian' and we are no exception. Our lessons have also coincided with the Lasallian Days for Peace (21st September – 21st October) in which Year 7 created peace bunting for our balcony.





Why is it that whenever we think about God we seem to think of an old man on a cloud? Often we think about

Michelangelo's 'Creation of Adam' on the ceiling of the Sistine Chapel in Rome. We often think of God in the 'classical' way; all powerful, all loving and a creator. Have you ever thought about God as an energy or life-force instead of as a human? What might be some problems with seeing God as an old man? What does God look like for different members of your family?

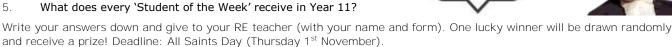


Aristotle said that, "In order to be excellent we must do excellent things." Year 11 students have taken this on board by becoming 'Student of the Week' in their classes. If you're in Year 11 - do you have what it takes to receive a brew voucher and postcard?

During our General RE lessons in Years 12 & 13 we have been looking at the death penalty as an effective deterrent versus life imprisonment. Class debates have taken place with lively discussions. What is your opinion on the death penalty? Does it put people off committing serious crimes or just create a more violent society?

Getting Quizzy with It:

- When was the school established?
- 2 Who were the founders?
- 3. When does the Lasallian Days for Peace take place?
- Where is the Creation of Adam?





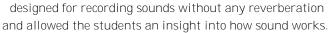


Out & About - Students Experience Life Outside the Classroom

'Sussing' out Sound at Salford

Year 10 and Year 11 GCSE Music groups travelled to Salford University last week to visit the "Anechoic Chamber" within the

Acoustics laboratory. This is a music room specially





Summer School Fun

Cardinal Langley's summer school ran for another enjoyable week during the holidays. Nominated Year 7 students took part in an intensive week of activities, including team building, sports, arts and crafts, and numeracy and literacy interventions.







Star Performers Ready to Act

Our Year 11 Performing Arts Students recently visited The Lowry to see the National Theatre's version of Macbeth. They are currently rehearsing their version for this year's Shakespeare Schools Festival. Their production of Macbeth will take place at the Z Arts Centre, Manchester, on Tuesday 13th

November at 7pm (tickets are available from the theatre box office). Students have already taken part in a workshop at the venue along with other schools who will be performing Othello on the night. School based workshops are also now well underway as students develop their acting skills to use in rehearsals.

There will be a special performance of Macbeth in school for families and friends on Tuesday 4th December at 5pm. Tickets will be available after the half term break.

An Adventure in Ardeche

The Ardèche region in the South of France is a popular school trip destination, often referred to as 'the Grand Canyon of Europe' and renowned for its 32km canoe journey through the beautiful limestone gorge.

During the summer, 34 of our students embarked on this once-in a-lifetime opportunity and demonstrated sheer grit and determination to complete this challenge. In addition, the students were able to experience activities such as the high ropes, kayaking and caving. There was even time to soak up a bit of culture on our excursion day, where we were able to visit the historic city of Avignon and observe the ancient town and its medieval ramparts.







Duke of Edinburgh Accomplishment



At the start of the Autumn term a group of Year 13 students took part in the Silver Duke of Edinburgh award in the Berwyn mountains near Corwen in North Wales. The group completed an arduous route of 30 miles over three days in the remote mountainous area. Students had to carry with them all they needed for the three days: tents, food, spare clothes and cooking equipment. In addition, the physical challenges the group had to cope with included difficult terrain, horrendous weather

conditions and a variety of medical ailments. The group worked together to overcome their problems and completed the expedition, proud of their achievement but very weary.







Geography Goes to Grasmere

In early October, the Geography department took 55 Year 11 students to Grasmere in the Lake District. The trip involved a walk up Easedale and along Sour Milk Gill towards Easedale Tarn. "I feel like Bear Grylls", said one student, at which it was pointed out to her that we hadn't left the village yet! Horrified at the thought of walking up hill, she heroically continued through the driving rain to complete the first 200 metres of the 5 kilometre walk.

The aim of the trip was to collect river data to observe how it changes from its source on the way to the sea. On a typical day in the English Lake



District (albeit with weather usually reserved for the summer holidays), it rained from the minute we crossed the Cumbrian border to the minute we left. Although it seemed that it rained harder each time we stopped to collect data, many students assured us that this wasn't the case and it was in fact raining as hard as possible the whole day.

The weather didn't deter some though, as students enthusiastically strode up the valley to the first data collection point. One student's enthusiasm was so great that he wanted to run the whole way! At each stop in the river, students extracted rocks and measured their length and roundness, with data being shared amongst the groups to ensure that even the most downhearted students gathered what they needed.

With five data collection points visited, the group returned to the coach with saturated booklets along with everything else ready to analyse and interpret the data back in the classroom. All in all, a successful trip took place, providing students with the experience and information they need to succeed in Paper 3 of the Geography GCSE next summer. Well done to everyone involved!



Year 8 Activity Week

At the end of last term around 80 Year 8 students attended the annual activity week at Bibby's Farm. Students took part in a range of activities including climbing, kayaking, mountain biking and gorge walking. The action packed week allowed students to have new experiences, develop new skills and work together as a team.

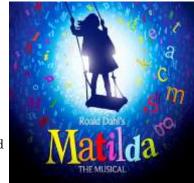






Matilda the Musical

This theatre trip has to be one of the highlights of my year! Creative Writing Club, Sixth Form and students from across Years 7 to 10 went to the Palace Theatre in Manchester to see the Royal Shakespeare Company's matinée performance of Matilda the Musical. As it's one of the UK's first tours away from London's West End, we were all extremely excited to be finally watching Roald Dahl's internationally recognised and debatably best book, adapted into Tim Minchin's creatively crafted musical.



We all arrived at the Palace, with some of us grabbing programmes and opera glasses whilst others were buying sweets and drinks. We sat in the upper circle, ready to enjoy the performance, and what a performance it was! Firstly, the acting was phenomenal, making the whole theatre erupt into unstoppable bouts of laughter and endless applause. The excitement of the audience was palpable throughout the entire performance and it was a joy to watch from the beginning to the end.

Every single character, I believe, was cast perfectly and the sets were seamlessly linked. A notable character, Miss Trunchbull, played by Craigie Els, was shown to be utterly cruel and intolerable, so much so that the audience couldn't resist a couple of boos and jeers. But the main stars of the show were the child actors. Each and every one of them was convincing, engaging and thoroughly professional throughout, and when you consider that the actress playing Matilda is only eight, that's some achievement.

Secondly, the choreography and singing were outstanding, enveloping the audience into singing every word and clapping along to the beat, whether it was a hated or loveable character. This was also supported by the ground-breaking set and the costumes worn by the actors, transporting you into 1988. Mrs Wormwood's horrendous Flamenco costume was definitely something out of a time warp!

The show ran smoothly (if you ignored the 100s of Reception children and Year 1 children running to the toilet every five minutes), and even with a slight technical difficulty towards the end, it did not detract from the amazing musical and the world of Matilda.

At the end of the show, we all agreed it had been a wonderful afternoon, making Matilda now a masterpiece on paper, film and stage. By Maximus



Being Tourists in Manchester



Year 13 Travel and Tourism students visited the Manchester Football Museum and the Museum of Science and Industry as part of their Customer Service unit. In the Football Museum we got a first-hand look into customer service by having a guided tour and learning about the different profits made by tourism. We also discovered which sections attract different tourists, and how they cater for different types of visitor.

We then headed to MOSI and enjoyed looking around, being tourists ourselves. It was a really fun trip that gave us a new way to learn about customer service in the Travel and Tourism sector.

Mr Campion explains in more depth why we visited both of these museums:

"We visit the Football Museum and MOSI as part of our Customer Service unit. The staff at the Football Museum are always really accommodating; we had a guided tour of the venue which gave us valuable insight into how they approach customer service. The students enjoy this unit as everyone has some experience of customer service whether it's in their day to day exchanges in retail situations, or as many have part-time jobs, they may have gained some training in this area. It's important to get out of the classroom and experience what Manchester has to offer from the perspective of a tourist."



Ceramics Club Creations

Year 7 have taken part in 2 sessions of Ceramics after school and have made pumpkins in time for Halloween.

Well done to everyone involved, we look forward to you joining us at next term's Art Club sessions.





Race to the Line





Before Summer, three pupils - Harvey, Bailey and Fletcher - came 2nd in the National Race to the Line competition. Friday 12th October saw the presentation of a cheque to Cardinal Langley. Presenting the cheque was Mark Robinson on behalf of 'Dendrite' and the 'Learning Partnership.' They were responsible for running and organising the competition which proved to be hugely successful.

We would like to thank Duncan Alexander from 'Learn Box' for the sponsorship of this year's competition, which will be introduced and started later in the year.

Poetry in Motion

The Poetry Games is a national competition that encourages



students to express their opinions and write about what they believe in. 8RC pupils Edward, Billy, Silas and David did battle with thousands of other entries and were victorious. Their poem -

Manchester Man - will be published in a poetry book

Manchester Man

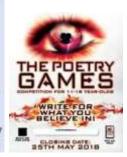
The Manchester man strolled leisurely, thinking of home rather so pleasurably, he pictured his city he had seen many times before but in his mind he decided to have a quick tour.

He jogged through the streets Langley and Sale, is mightier than to the friendliness of the streets which always prevailed. Middleton, Manchester was his birth place, he walked through these streets with a grin on his face. Kids kicking footballs and men eating pies, everything was great under those Mancunian skies.

A city of workers, a city of grafters, a city of bakers, and a city of crafters, a town of culture, a town of love, a town as sweet as a dove.

The city he lived for, the city he adored, the city he would die for and he would die for no more.

to mark their success. The poem is powerful and passionate, proving that pen is mightier than sword.



Isabelle wins at Cheltenham

In September, Isabelle took part in the 2nd Section National Finals Brass Band Competition. She plays with the Middleton Band which went to Cheltenham and played 'Firestorm' by Steven Bullard. Isabelle has been playing the cornet for 4 years and also plays piano.

"We were very pleased with how the piece went and got excited as the announcement of the winners started. As we got to the top three our name had not been called out. Third place was called. Then second. "The winners are ..." (a pause, just like all good reality shows)... "Middleton Brass Band!" I had been picked, as the youngest musician in the band, to collect the trophy. We were all ecstatic, everyone managed to hold the trophy and I held it up high over my head. It was an amazing weekend."





News From the PE Department

What a fantastic start to the year for the PE department...we have so many success stories and it's only October!

On Friday 14th September, 17 pupils went to Condover Hall for a mini adventure weekend. The trip saw them compete in an epic Netball Tournament and take part in outdoor PGL activities. These included: wall climbing, a 'leap of faith', abseiling and orienteering. Team work was the name of the game, and this definitely showed during the netball matches. The Year 8 team - looking very professional in their new kit - stormed to victory over the two days and became Condover Hall Champions, beating Wodston Netball Club in the final. Well done to everyone who attended, and thank you to our kit sponsor (P&A Food Management) and teachers (Mrs Davies, Miss Morgan and Mrs Gillespie).

All of our Football teams have had an impressive start to the year as well:

- Year 7 so far unbeaten, they have played with fantastic spirit and determination.
- Year 8 have won all their games so far, including a dramatic comeback against Trinity in the EFSA.
- Year 9 under new management they have scored 12 goals in 2 games!
- Year 10 despite having only played 1 game, training has been excellent and a successful year awaits.
- Year 11 a great start so far; they beat St Cuthbert's 7-3. Hubert and Junior have taken on leadership roles, helping Mr Greenwood with team selection.

If you would like to keep updated with all things PE related, follow us on Instagram (pecardlangley) or Twitter (@pecardlangley).

We also hold Staff Fitness sessions every Monday for those who fancy joining in with the success!



Year 7 Anti-Bullying Awareness Disco

Wednesday 14th November 2018 6pm-8pm, Drama Studio

Admission operates on a Good Behaviour basis - if you work well in school, you will be able to go.

Tuck Shop & Glow Sticks available

£3 Entry Fee



Callum Styles signs for Barnsley FC!

Ex-student Callum joined the League One team this summer from nearby Bury. He signs on a 4 year term. Well done Callum...keep up the good work!



Parents and carers of Year 6 pupils are reminded that the deadline for secondary school applications is the 31st October 2018.

