

Week 4

Monday

Traditional Beef Bolognese served with Spaghetti Pasta & Garlic Slice
Oriental Vegetable Spring Roll served with Vegetable Rice & Sweet
'n' Sour Sauce

Freshly prepared vegetables & potatoes of the day

Tuesday

Cajun Chicken Pieces served in a Pitta Pocket with Crispy Iceberg
Lettuce

Creamy Leek & Mushroom Stroganoff served with Steamed Rice

Freshly prepared vegetables & potatoes of the day

Wednesday

Traditional Cottage Pie served with Pickled Red Cabbage

Three Bean Vegetable Chilli served with Rice & Tortilla Chips

Freshly prepared vegetables & potatoes of the day

Thursday

Tender Pork Pieces cooked in a Black Bean Sauce served with
Noodles & Prawn Crackers

Homemade Tomato & Fresh Basil Quiche with Mixed Salad

Freshly prepared vegetables & potatoes of the day

Friday

Classic Fish & Chips with Lemon & Tartar Sauce

Homemade Cheese & Onion Pie

Freshly prepared vegetables & potatoes of the day

Available Daily
Fresh Fruit, Pasta King, Meal Deals,
Paninis, Fresh Sandwiches & Baguettes